

## 44 YEARS AGO...

The Island Hospital Foundation was formed to raise funds in support of high quality healthcare, close to home. Nurses, doctors, neighbors and friends banded together in the name of increased access and support of patients seeking medical treatment here, on Fidalgo Island. For the past 44 years, compassionate and courageous generosity has cultivated a legacy of impact—a legacy that you embodied this year.

The challenges of 2021 didn't slow you down. You pressed on and gave the gifts of innovative technology, mental health support, community health education, cancer patient care and so much more. 2021 showed us what your compassion and ability to care courageously could do in the name of better health in your community.

44 years ago, people like you started the Island Hospital Foundation to make an impact on



healthcare in their community. In 2021 you carried the torch of that legacy and raised over \$1.7 million dollars to elevate the care and access to resources at Island Health.

# Thank you.

For the past 44 years, but especially 2021.



# The Difference You've Made

## 2021 IMPACT REPORT



## 2022 BOARD OF DIRECTORS

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Janie Crane – Foundation Executive Director  
Jess Watchie – Annual Gifts Coordinator  
Jade Welch - Development Assistant

## LETTER FROM THE PRESIDENT

You. You have done it again. Through your increased philanthropy, you continue to be critical to the mission of the Island Hospital Foundation – raising funds in support of Island Hospital and its commitment to community health.

As the pandemic continued into a second year, your donations bolstered Island Hospital's ability to not only overcome the on-going challenges of COVID-19, but implement innovative technology and expand services while at the same time continuing to offer four-star care. This report illustrates the immense impact you have had on our local healthcare system.


The Island Hospital Foundation Board of Directors is committed to ensuring that each dollar raised is used to enhance healthcare close to home and it is a true privilege to partner with you to that end.


On behalf of the Board of Directors and staff at Island Hospital Foundation, we genuinely thank you for choosing Island Hospital Foundation to receive your charitable dollars.

With gratitude,  
Laura Brown-Snider  
Foundation Board President



  
**19**  
ACCESS  
GRANTS  
PSYCHIATRY &  
BEHAVIORAL HEALTH


**4-5** BABIES  
PER MONTH  
USED THE  
BILI-LIGHT  


  
**646**  
CONSULTS  
WITH THE ED NAVIGATOR

  
**50**  
COMPUTERS  
ON WHEELS

  
**78**  
HEALTH & WELLNESS  
CLASSES

**\$1,702,275**  
TOTAL FUNDS RAISED IN 2021

**32**  
LITHOTRIPSY  
LASER  
TREATMENTS  


  
**40**  
ONCOLOGY  
MEDICAL RELIEF GRANTS  
AWARDED

  
**15**  
PURCHASED  
PORTABLE  
VITAL SIGN  
MONITORS

**2500**  
BOOKS  
DONATED  
FOR THE REACH OUT AND READ PROGRAM  


# FULFILLING OUR MISSION

We gratefully acknowledge all the individuals, foundations, organizations and businesses who made it possible for us to fulfill our mission and commitment to the health of our community.

|                                    |              |
|------------------------------------|--------------|
| COVID-19 Emergency Relief Fund     | \$7,325.00   |
| Youth Cardiac Screenings & new EKG | \$13,225.00  |
| Merle Cancer Care Center           | \$46,151.00  |
| Department Needs                   | \$50,070.00  |
| Patient Support Programs           | \$52,717.00  |
| Endowment                          | \$158,291.00 |
| Mental Health                      | \$171,420.00 |
| Equipment and Facilities           | \$527,334.00 |
| Greatest Need                      | \$675,742.00 |

Total Giving  
in 2021 **\$1,702,275**



# LET'S TALK ABOUT TECH

## THE SOLTIVE SUPER PULSED LASER SYSTEM

This incredible machine combines three separate pieces of technology into one high-powered, portable and precise tool. The Soltive Laser is used to remove kidney stones, resect soft tissue and treat BPH (Benign Prostatic Hyperplasia) with greater accuracy. This laser has improved outcomes for those suffering from kidney stones. By blasting the stone with a high-powered laser, the Soltive Laser removes the barrier of painful stone passing.

Because of your generosity, 32 patients received treatment for kidney stones with this laser. Island Urology Clinic Supervisor, Don Orton, CMA, commented, saying that "Treatment is so quick and painless and the lives of patients that have received care with this procedure have been so deeply affected in a positive way." Thank you!



*When most people hear "rural hospital" their minds don't immediately think of leading-edge technology, until now.*

*This year, your giving has supported the purchase of technology that has elevated the care and improved patient outcomes for your community.*



JODI YEAGER, RN, NURSE SUPERVISOR  
& ACUTE CARE/ICU MANAGER

## PORTABLE VITAL SIGN MONITORS

Every patient requires the undivided attention of their care team. In order to do that, efficiencies become vital. Traditional vital sign monitors are stationary to one room, meaning that a patient's vital signs are monitored from that room and a nurse's station. Until now.

Your support has allowed for the purchase of 15 portable vital sign monitors that allow nurses to take and monitor vital signs for multiple patients from one portable machine. A portable vital sign monitor allows nurses to constantly monitor their patients and react with faster responses times to changes in vital signs.





## YOUR BIG IMPACT ON THE TINIEST PATIENTS

It has been a remarkable year for the Labor & Delivery department. In early December they celebrated the 500th baby being born at Island Hospital in 2021! With more babies than ever being born in your community, you stepped up to make a very big impact on the tiniest patients at Island Hospital.

### BABY SCALE

Your support for new technology provided a Baby Scale for the lactation program. This program educates and supports young mothers who are breastfeeding their newborns by offering consultative support, teaching and monitoring. The scale measures how much milk intake a baby is receiving during feeding. By weighing a baby before and after feeding to measure the intake amounts, a provider can assess if the baby is receiving enough milk for healthy development.

Island Hospital lactation consultant, Teri Shilling MS, LCCE, IBCLC, said, "We really appreciate your support! The scale is such an integral tool for the families we work with" and she's right! Your support is making it possible for nursing mothers and newborns to receive the best care possible, with the best providers, equipped with the best tools.

### BILI-LIGHT

On average 45-50 babies are born each month at Island Hospital. Of those babies, approximately five of them have jaundice and need to be treated with a special light therapy. Jaundice occurs when there is too much bilirubin in the body from red blood cells not breaking down properly in the liver. If a baby is not treated right away, the high levels of bilirubin in the blood dramatically increase their risk of brain damage.

A Bili Light produces phototherapy light rays on these babies' skin to break down the excess bilirubin. Labor and Delivery Director, Tonja Dunton, RN says, "A Bili Light is VITAL equipment that we have to have for babies born with jaundice" and thanks to your generosity, these babies at Island Hospital have access to this life-saving technology.



*Above all else, the support of innovative technology increases positive patient outcomes. What innovative technology also increases is the support of staff in your local hospital. Throughout the pandemic, the heroes in healthcare have risen to the challenge of caring for patients safely and compassionately. While you may not be a healthcare worker yourself, your generosity has made it possible for your community's healthcare heroes to be equipped with the technology that elevates their care for their patient.*





## BETTER MENTAL HEALTH

*It is hard to imagine that we would all still be using the word “unprecedented” so frequently. While that word has been applied to the never-before-seen obstacles presented by the COVID-19 pandemic, we celebrate your unprecedented provision of mental health services for your community.*



## PSYCHIATRY & BEHAVIORAL HEALTH ACCESS FUND

The Psychiatry & Behavioral Health Patient Access Fund offsets socio-economic barriers that may prevent patients from seeking mental health resources by helping to cover the cost of psychiatry appointments. The past year has

been challenging for many people, but thanks to your generosity 19 people in your community received grants through the Psychiatry & Behavioral Health Patient Access fund. Thank you for your support!



# SOCIAL WORK IN THE EMERGENCY DEPARTMENT

*In 2021\*, over 646 patients received a consult from an ED Patient Navigator thanks to you. That means that 646 times, over the course of a year, patients have received critical support and resources to assist them so they discharge with a plan to reduce return visits. Thank you for your courageous and transformative giving – you are changing lives.*

\*These numbers are a reflection of year-to-date values as of 12/8/2021



Imagine an Emergency Department (ED). In one room there is an elderly man visiting after his third ground-level fall. In another room there is a preteen girl experiencing a mental health crisis. Across the hall is another patient who is struggling with addiction. The patient in the neighboring



room is realizing they will need long-term care as they recover.

What do all of these people have in common? They are all impacted by your generosity.

The Emergency Department is staffed with Patient Navigators like Lauren Niven, MSW. The ED Patient



Navigator is a social work position and is funded by philanthropy dollars, which means that every time a patient visits the ED they are impacted by your financial giving.

This position is available to every person who needs care in the ED. While many people arrive at the ED with an acute

physical need, increasingly some ED patients have social and emotional needs that require additional attention and treatment. Your support for this position enables social workers, like Lauren, to connect patients to the right mental health, care-planning, housing, drug, alcohol and other resources.





## BEHAVIORAL HEALTH INTERVENTION PROGRAM IN THE SCHOOLS

To say that the pandemic has been difficult on young people is an understatement. With the return of in-person schooling, many students are now facing new obstacles – but because of you, they don't have to face those obstacles alone.

The Mental Health Intervention Program in the Schools

program is entirely funded by donations. This program focuses on removing barriers to optimal well-being and mental health for students by placing a licensed social worker on campus during the school day to counsel students in need. This program strives to serve the academic and socio-emotional goals of the students

at Anacortes High School, Cap Sante High School, and Anacortes Middle school, helping students improve their attendance, academic performance and behavior.

Because of your charitable donations, high school students in your community have access to social workers that are in the

schools with them. Increased and easy access to a social worker can fast-track getting students the mental health resources they need. More than ever, your generosity is providing the support and increasing access for students through the counseling services they can receive with through this program.



*Thank you for your unprecedented generosity that prioritizes access to mental health resources to give students in your community the opportunity to thrive.*





*"The fall of 2021 school year brought many challenges as the pandemic continued. However, the School Intervention Plan team has effectively collaborated with Anacortes School District staff to develop new protocols, enhance training, increased access to specialized care, and plan for a brighter future. With our donor support, the collaborating teams are expanding services to include group therapy, suicide prevention, education, and training, as well as developing avenues for student mentorship. Our donors' generous gifts continue to provide the foundation for fostering strong community relationships that improve the mental health of the Anacortes School District students."*

*Rachel Daly, BSN, RN,*  
ISLAND HEALTH PSYCHIATRY & BEHAVIORAL HEALTH CLINIC MANAGER



*"Our donors' generous gifts continue to provide the foundation for fostering strong community relationships..."*



# REACH OUT & READ

HOW YOU MADE READING COME ALIVE FOR THE YOUNG PATIENTS AT ISLAND HEALTH.



Your generosity is making an early impact on young patients at Island Primary Care – M Avenue (formerly Family Medicine Anacortes). When children ages 6 months to 5 years visited Island Primary Care – M Avenue for an annual well-child visit last year, they receive an age appropriate book to take home.

Each book given is a part of the Reach Out & Read program. This program is nationally recognized and encourages early literacy and effective communication skills for your community's youngest patients through early

exposure to age appropriate reading material.

An upwards of 2,500 books are given away annually through this reading initiative. For approximately \$2, one child receives an opportunity to boost his or her proficiency in communication and reading skills regardless of insurance coverage or socioeconomic status.

Island Primary Care – M Avenue's Holly Eldridge, CMA, says "The program benefits all kids regardless of family income or social status. That to me is important because it keeps

the community connected through learning and reading. The kids of the community are our future! We play a very



small part in the lives of these kids and I think something as simple as a book makes a big impact!"

She could not be more right. In 2021 you contributed \$5,000 to support this reading initiative, giving nearly 2,500 children in your community at head-start on reading and communication skills. These books also empowered parents to read to their children, encouraging a culture of reading in their homes. Thank you for making reading come alive through your generosity, without it - this program would not be possible.





## A BERRY SPECIAL LEGACY

For years, the Skagit Sun Berry Stand on Commercial Avenue has served as an indicator that summer has arrived. Skagit Sun owner, Don Kruse, wanted to use his farm to make a difference for his community. In 2011, Don decided to convert his profits to philanthropy by donating a portion of his

berry stand sales to support quality local healthcare. Over the years and thanks to all of you who purchased berries at his stand, Don donated \$64,800 to support the patients and programs of Island Hospital. We cannot thank Don enough for his enduring legacy of exemplary generosity.





# CANCER CARE AT ISLAND HEALTH

Hope remains close to home for cancer patients at Island Health. Like many powerful things, hope is not a one size fits all circumstances. However, at Island Health hope is coming in the form of the Oncology Medical Relief grant for patients – because of you.

Cancer treatment can affect all aspects of life. It is often a total disruption – family life, employment, community involvement, activity, are all affected. Some cancer patients feel too ill to go to work. Not being able to work or working less than normal makes paying for food, gas or basic utility

bills difficult. Even affording medication can be a challenge for some patients which is why your provision of extra financial assistance is so vital!

The Oncology Medical Relief grant for cancer patients at Island Health helps offset the costs associated with

medical supplies, medications, transportation, counseling and other needs that arise because of cancer diagnosis.

Because of your generosity, you supported and gave the gift of hope to 40 patients through Oncology Medical Relief grants in 2021!



## RIISING TO THE CHALLENGE: SKAGIT WOODSTOCK

As the COVID-19 pandemic has continued, the efforts of the Skagit Woodstock Festival have only increased! When COVID protocol prevented them from gathering for their annual music festival in 2020, they rose to the challenge by re-imagining their fundraiser. In 2021, Skagit Woodstock hosted the second year of their golf classic tournament that raised \$11,000 for the Cancer Patient Relief Fund at Island Hospital!



## ANACORTES CANCER WALK GOING THE DISTANCE

The Your Story Foundation was not going to let the pandemic limit their impact on supporting cancer patients. Founder, Karla DeCamp coordinated a virtual Anacortes Cancer Walk to support for cancer patient relief. In 2021, the Anacortes Cancer Walk went the distance by raising an incredible \$30,500! These funds will provide relief grants to cancer patients needing financial assistance for medical supplies, medications, transportation and other needs that arise because of cancer diagnosis.





## COMMUNITY HEALTH

**YOUR GIFT, YOUR COMMUNITY - YOUR IMPACT.**

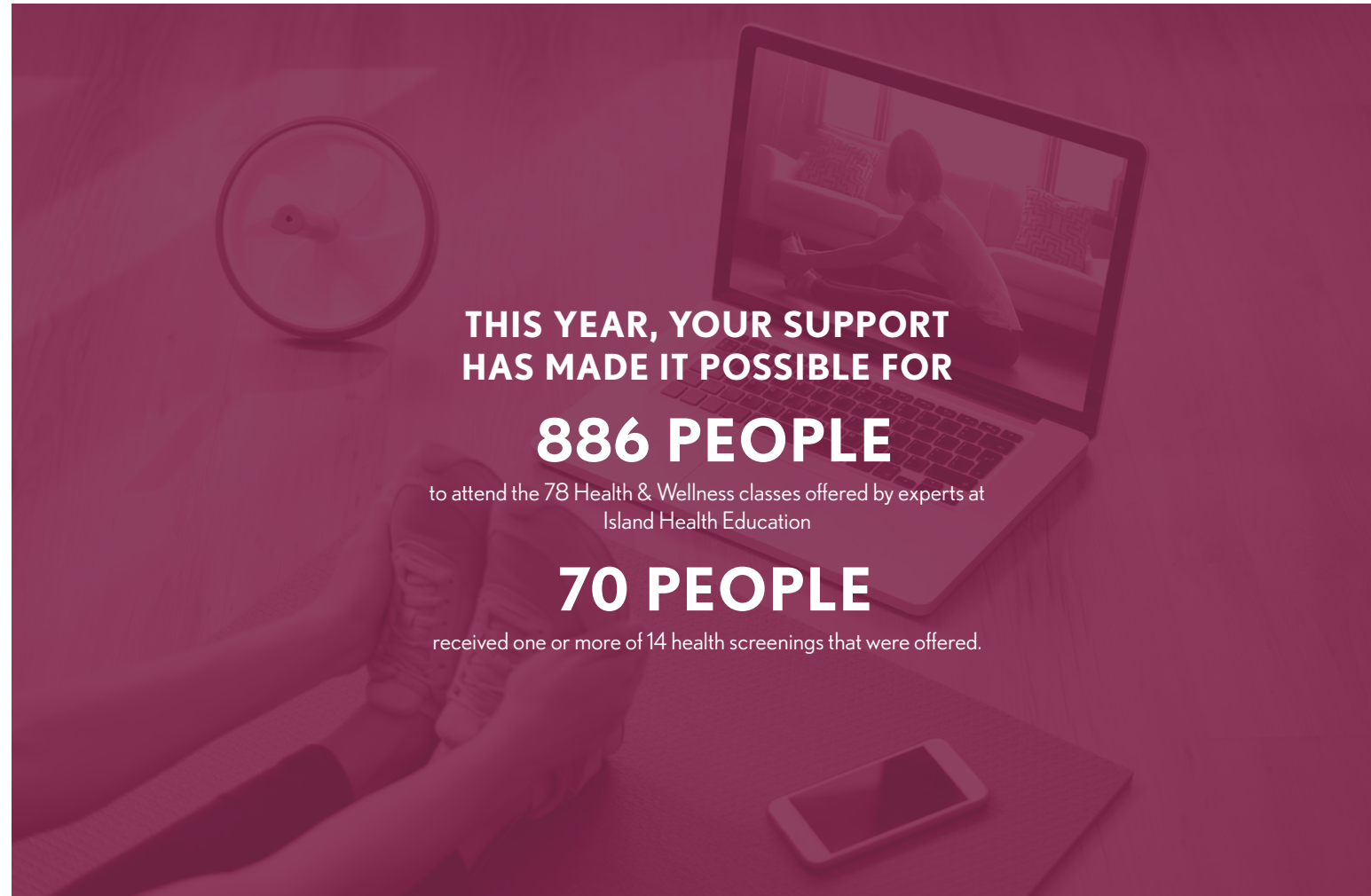
The importance of community health is undeniable. Community health is intricately tied to individual wellness. In other words, the health of a community is only as good as the health

of its individual members. "Community health impacts everything - educational achievement, safety and crime, people's ability to work and be financially healthy, life expectancy, happiness and

more," says Thomas Bognanno, President and CEO of Community Health Charities.

Your support of community health initiatives increased access to education and expanded health screenings.

By choosing to support these programs, you made it possible for your community to have access to preventative and supportive health resources regardless of their socioeconomic status.



**THIS YEAR, YOUR SUPPORT  
HAS MADE IT POSSIBLE FOR**

**886 PEOPLE**

to attend the 78 Health & Wellness classes offered by experts at  
Island Health Education

**70 PEOPLE**

received one or more of 14 health screenings that were offered.

# COMMUNITY GRANT HIGHLIGHTS

## SHELL PUGET SOUND REFINERY

Early in 2021, the Shell Puget Sound refinery awarded the Island Hospital Foundation a \$5,800 grant provide Island Hospital nurses with Sexual Assault Nursing Examiner (SANE) training. SANE training educates nurses with specialized education and medical forensic care of patients who have experienced sexual assault or abuse.

## KIWANIS CLUB OF ANACORTES

Last year the Kiwanis Club of Anacortes generously donated \$10,500 in support of the Social Worker in the Emergency Department and the Health & Wellness Center. This organization's support continues the ongoing availability of mental and community health resources in your community.

## FIDALGO ISLAND ROTARY

Continuing their many years of support for Island Hospital, the Fidalgo Island Rotary donated \$500 in support of the Mental Health Intervention Program in the Schools and \$500 towards clothing kits for patients in need.

## SOROPTIMIST INTERNATIONAL OF ANACORTES

With a record number of babies being born at Island Hospital in 2021, continued support for Maternity and Infant Care services cannot be understated. Thanks to the generosity of Soroptimist International of Anacortes, \$4,000 was donated to support pregnant mothers and babies in the community.

## ANACORTES LIONS CLUB

The Anacortes Lions Club continued their support of the Diabetes Education Program for the fourth year in a row with a \$1000 grant. This program empowers those in your community with diabetes to make lifestyle modifications to improve their quality of life.

# FUNDRAISING HIGHLIGHTS

Thank you for participating in the fundraising efforts hosted by the Island Hospital Foundation.

## EMPLOYEE GIVING CAMPAIGN - \$35,165

These funds were raised by Island Health employees in support of the patients and programs at Island Health.

## DOCTOR'S DAY - \$23,885

In observation of Doctors Day on March 30th, patients who received excellent care at Island Health chose to honor their doctor(s) through a donation.

## 20TH ANNUAL GOLF CLASSIC - \$84,971

Marking two decades of fundraising efforts, the Island Hospital Golf Classic raised funds "fore" the patients, programs and initiatives at Island Health.

## GIVING TUESDAY - \$13,225

On Giving Tuesday, a single day of giving following Thanksgiving, November 30, you supported youth cardiac screening exams & upgraded EKG technology for primary care clinics.